

Form 144 Filer Information

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0002036380

Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer Atlanta Braves Holdings Inc.

SEC File Number 001-41746

Address of Issuer 755 Battery Avenue
Atlanta
GEORGIA
30339

Phone 833-758-1044

Name of Person for Whose Account the Securities are To Be Sold Greg Heller

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

144: Securities Information

Title of the Class of Securities To Be Sold Series C Common

Name and Address of the Broker UBS Financial Services Inc
1000 Harbor Blvd
3rd Floor
Weehawken
NJ
07086

Number of Shares or Other Units To Be Sold 14705

Aggregate Market Value 567907

Number of Shares or Other Units Outstanding 51627382

Approximate Date of Sale 12/05/2025

Name the Securities Exchange NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or

any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Series C Common
Date you Acquired	12/11/2024
Nature of Acquisition Transaction	RSU Vesting
Name of Person from Whom Acquired	Atlanta Braves Holdings Inc.
Is this a Gift?	☐ Date Donor Acquired
Amount of Securities Acquired	4000
Date of Payment	12/05/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Series C Common
Date you Acquired	12/04/2025
Nature of Acquisition Transaction	RSU Vesting
Name of Person from Whom Acquired	Atlanta Braves Holdings Inc.
Is this a Gift?	☐ Date Donor Acquired
Amount of Securities Acquired	13750
Date of Payment	12/05/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Series C Common
Date you Acquired	12/11/2025
Nature of Acquisition Transaction	RSU Vesting
Name of Person from Whom Acquired	Atlanta Braves Holdings Inc.
Is this a Gift?	☐ Date Donor Acquired
Amount of Securities Acquired	7660
Date of Payment	12/05/2025
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a

note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report ☒

144: Remarks and Signature

Remarks	
Date of Notice	12/05/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	/s/Mijo Suric, for UBS Financial Services Inc, as attorney-in-fact for Greg Heller
-----------	--

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)